

# DO

Be gentle with your lashes for the first 24 hours.

Be careful sleeping the first night, pressing & rubbing your lashes into your pillow as they are still vulnerable.

Book your next lash lift for 6 - 8 weeks later

# DON'T

Rub your lashes OR your get lashes wet for 24 hours.

Use harsh products or oil-based makeup removers.

Take a steamy, hot shower the first 24 hours.

Go swimming for 24 hours.

No eye makeup for 24 hours.

Use waterproof mascara's - indefinitely! It is damaging to your lashes!

Use coconut or castor oil on the lashes - this will cause them to straighten out.